



# Basildon & Phoenix Swimming Club

## EVENT CONDITIONS

License Number: 3ER200476

<b>Event</b>	<b>BPSC SPRING REGIONAL QUALIFIER 2020</b>
<b>Date</b>	<b>14/15 MARCH 2020</b>
<b>Venue</b>	<b>Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR</b>
<b>Pool</b>	<b>25M, 8 Lane pool with Electronic timing and swim down facilities. A secondary strobe for the starting system will be available.</b>
<b>Level</b>	<b>3</b>
<b>Age Groups</b>	<b>9,10,11,12,13,14/Ov</b>
<b>Age On Day</b>	<b>15<sup>th</sup> March 2020</b>
<b>Awards</b>	<b>Top 3 in each Age Group</b>
<b>Events</b>	<b>ALL 50'S, 100'S, 200'S, 400'S</b>
<b>Race Entry Fee</b>	<b>£6.00 per event</b>
<b>Spectator Entrance Fee</b>	<b>Adults £5.00 Child £2.00 per day or part of</b>
<b>Club Entry Files Returned to</b>	<b>VIA CLUB WEBSITE <a href="http://www.basildonswimming.org">www.basildonswimming.org</a></b>
<b>Individual Entries Returned to</b>	<b>VIA CLUB WEBSITE <a href="http://www.basildonswimming.org">www.basildonswimming.org</a></b>
<b>All Enquiries to</b>	<b><a href="mailto:galas@phoenixbasildonsc.org">galas@phoenixbasildonsc.org</a></b>
<b>Closing Date</b> <b>Meet Manager</b>	<b>21<sup>st</sup> February 2020 Lyndsey Motin</b>





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## Rules and Conditions

1. The event will be held under Swim England laws and regulations, Swim England Technical rules of racing and to the Swim England Meet Licensing Criteria.
2. Entries may only be accepted from competitors registered as members of Swim England CATEGORY 2
3. Competitors' ages shall be as on the last day of the Competition 15<sup>TH</sup> March 2020
4. All entries must be Short Course times or Long course times converted to Short course.
5. All swimmers aged 9 and over can swim all events.
6. **ALL Entries MUST be submitted online via our website at [www.basildonswimming.org](http://www.basildonswimming.org) Full instructions are online. ENTRIES CANNOT BE POSTED OR EMAILED.**
7. All entries must be **slower** than the Upper Limit Time (ULT) listed. Swimmers may be able to enter on the day, SPACE Permitting (see condition 18)
8. THIS EVENT IS FIRST COME FIRST SERVED.
9. The list of accepted entries will be published/available for download from the club website shortly after the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that may be required. Club contacts will be notified of rejections where/if appropriate.
10. **There will be no refunds of entry fees unless the entries are rejected by the organisers for any reason.**
11. Club contacts will be notified of rejections where/if appropriate. All rejected entries (where events are over-subscribed) will be kept on a reserve list as priority over on then day entries. Clubs notified of rejection should make their members aware that they will automatically be on the reserve list. The reserve list for each event applicable will be published. Swimmers on the reserve list who wish to swim in that event must sign in on the day.
12. The meet promoter will check entries against the British Rankings database. Falsely entered times will be rejected without refund.
13. **This is a Signing In Event**
14. Spectator admission will be from the start of Warm up
15. Competitors must report to the marshalling area 15 mins before the start of their event where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from that event.
16. In HDW events, all events will be seeded with fastest swimmers swimming last.
17. The top three in each age group will receive a medal A competitor who has been disqualified will not receive an award.
18. On the Day entries will be accepted SPACE PERMITTING at a price of £6.50. All of these entries will be seeded and eligible for an award. NO entries will be accepted from swimmers with times faster than the ULT.
19. The promoters reserve the right to refuse admission to any competitor or spectator.
20. The promoters do not accept responsibility for any property. Lockers are available in the changing rooms and should be used for the safe keeping of all belongings. In order to use the locker you will need a £1 coin





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21. Basildon & Phoenix uses a computer to manage entries and results. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
22. Coaches' passes cost £10 per day and are required to be purchased when entering swimmers. They will not be sold on the day – no pass, no admission poolside.
23. Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways, report any issues immediately to a member of the pool staff or to the Open Meet Promoter.
24. Warm up protocol: Strictly no diving during any warm-up sessions, except in the designated sprint lanes, odd lanes will swim clockwise (1, 3, 5, 7) even lanes (2, 4, 6, 8) will swim counter clockwise. Swimmers using sprint lines must swim 15 metres before slowing up. All swimmers must leave the water by the side of the pool and not over the timing pads. Coaches should manage the lanes their swimmers are using during the warm up sessions.
25. BPSC accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer during the meet will be handed to Pool Management for collection by the owner.
26. Anyone attending the gala wishing to use camera, video or digital image-capturing devices (including mobile phones and tablet devices) may do so without the need to register their details with the meet organiser
27. Participants and spectators are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Child Safeguarding Policy and Procedures, 'Wavepower' 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77).
28. **IMAGE CAPTURING DEVICES MUST NOT BE USED ON POOLSIDE OR CHANGING AREA AT ANY TIME FOR THE PURPOSE OF TAKING PHOTOS**
29. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.
30. Spectators, officials and competitors must observe the safety precautions in operation at Basildon Sporting Village and are asked to familiarise themselves with the location of all emergency exits and must abide by any rules laid down by the venue management. Neither the Meet Management, the Promoters nor BPSC will be responsible for any loss or damage occurring during this Meet.
31. Coaches or Team Managers are responsible for the swimmers' conduct at all times.
32. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
33. Results will be available on the Club website as soon as possible after the meet.
34. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws

**ALL CLUB PAYMENTS CAN BE MADE VIA BACS**

**BPSC / Sort code 20-12-21 / Account No 90547875 / REF GALA NAME 'CLUB NAME'**





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## Race Schedule

<b>SATURDAY SESSION 1 WARM UP 1.00PM</b>						<b>SUNDAY SESSION 3 WARM UP 1PM</b>					
BOYS 400M FREESTYLE						GIRLS 400M FREESTYLE					
GIRLS 100M BUTTERFLY						BOYS 100M BUTTERFLY					
BOYS 50M BREASTSTROKE						GIRLS 50MBREASTSTROKE					
GIRLS 200M BREASTSTROKE						BOYS 200M BREASTSTROKE					
BOYS 200M BACKSTROKE						GIRLS 200M BACKSTROKE					
GIRLS 50M BUTTERFLY						BOYS 50M BUTTERFLY					
BOYS 100M FREESTYLE						GIRLS 100M FREESTYLE					
GIRLS 400M IM						BOYS 400M IM					
<b>SATURDAY SESSION 2 WARM UP TBC</b>						<b>SUNDAY SESSION 4 WARM UP TBC</b>					
BOYS 200M IM						GIRLS 200M IM					
GIRLS 50M FREESTYLE						BOYS 50M FREESTYLE					
BOYS 50M BACKSTROKE						GIRLS 50M BACKSTROKE					
GIRLS 100M BREASTSTROKE						BOYS 100M BREASTSTROKE					
BOYS 200M BUTTERFLY						GIRLS 200M BUTTERFLY					
GIRLS 200M FREESTYLE						BOYS 200M FREESTYLE					
BOYS 100M BACKSTROKE						GIRLS 100M BACKSTROKE					

### These Are Upper Limit Times

All Times are Short course or Long course converted

Girls						Events	Boys					
9	10	11	12	13	14/Ov		9	10	11	12	13	14/Ov
37.0	30.9	30.5	29.0	28.0	27.0	50 Free	37.0	31.0	30.5	29.0	27.5	25.0
1.20.0	1.07.0	1.06.0	1.04.0	1.02.0	00.59.5	100 Free	1.22.0	1.08.0	1.04.0	1.02.0	0.59.0	0.54.0
2.55.0	2.27.0	2.25.0	2.16.5	2.10.5	2.08.5	200 Free	3.00.0	2.27.0	2.25.0	2.10.5	2.02.5	1.58.5
5.45.0	5.06.0	5.00.0	4.45.0	4.35.0	4.30.0	400 free	5.45.0	5.15.0	5.00.0	4.38.0	4.25.0	4.10.0
45.0	40.0	39.0	36.5	35.5	34.5	50 Breast	45.0	40.0	38.0	35.0	32.5	31.0
1.39.0	1.27.0	1.25.0	1.23.0	1.19.0	1.15.0	100 Breast	1.40.0	1.28.0	1.26.0	1.22.5	1.14.5	1.08.5
3.35.0	3.09.0	3.05.0	2.54.0	2.49.0	2.47.0	200 Breast	3.35.0	3.08.0	3.05.0	2.57.5	2.37.0	2.30.0
41.0	33.9	33.0	32.0	30.5	29.0	50 Fly	42.0	34.0	33.0	30.0	27.5	26.0
1.28.0	1.18.0	1.16.0	1.10.5	1.07.0	1.04.5	100 Fy	1.28.0	1.18.0	1.16.0	1.08.5	1.02.0	0.59.0
3.30.0	2.58.0	2.55.0	2.41.0	2.31.0	2.27.0	200 Fly	3.30.0	3.04.0	2.54.0	2.35.0	2.22.0	2.12.0
40.0	35.0	34.0	32.8	31.8	30.0	50 Back	41.0	35.0	34.0	30.5	28.8	27.8
1.24.0	1.16.0	1.14.0	1.10.0	1.08.0	1.06.5	100 back	1.25.0	1.16.0	1.15.0	1.05.5	1.01.5	1.00.0
3.10.0	2.45.0	2.40.0	2.31.0	2.27.0	2.25.0	200 Back	3.15.0	2.42.0	2.38.0	2.25.0	2.16.0	2.11.0
3.01.0	2.52.0	2.40.0	2.35.0	2.25.0	2.22.0	200 IM	3.05.0	2.45.0	2.38.0	2.28.5	2.18.0	2.13.0
6.35.0	5.50.0	5.45.0	5.29.0	5.15.5	5.08.0	400 IM	6.45.0	5.59.0	5.50.0	5.16.5	5.02.5	4.50.0

