



Basildon & Phoenix Swimming Club

EVENT CONDITIONS

Event	BPSC SEASON OPENER 2019
Date	28/29 SEPTEMBER 2019
Venue	Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR
Pool	25M, 8 Lane pool with Electronic timing and swim down facilities. A secondary strobe for the starting system is not available.
Level	3
Age Groups	9,10,11,12,13,14+
Age On Day	29TH SEPTEMBER 2019
Awards	Top 3 in each Age Group
Events	ALL 50'S, 100'S, 200'S, 400'S
Race Entry Fee	£6.00 per event
Spectator Entrance Fee	£5.00 per day or part of
Club Entry Files Returned to	VIA CLUB WEBSITE www.basildonswimming.org
Individual Entries Returned to	VIA CLUB WEBSITE www.basildonswimming.org
All Enquiries to	bpscgalasec@btopenworld.com
Closing Date	30th August 2019
Meet Manager	Lyndsey Motin





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Rules and Conditions

1. The event will be held under Swim England laws and regulations, Swim England Technical rules of racing and to the Swim England Meet Licensing Criteria
2. Entries may only be accepted from competitors registered as members of Swim England CATEGORY 2
3. **Competitors' ages shall be as on the last day of the Competition 29TH SEPTEMBER 2019**
4. All entries must be Short Course times or Long course times converted to Short course.
5. All swimmers aged 9 and over can swim all events.
6. **ALL entries MUST be submitted online via our website at www.basildonswimming.org Full instructions are online, ENTRIES CANNOT BE POSTED OR EMAILED**
7. All entries must be **slower** than the Upper Limit Time (ULT) listed. Swimmers may be able to enter on the day, SPACE PERMITTING (see condition 18)
8. THIS EVENT IS FIRST COME FIRST SERVED.
9. The list of accepted entries will be published/available for download from the club website shortly after the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that may be required.
10. Club contacts will be notified of rejections where/if appropriate. All rejected entries (where events are over-subscribed) will be kept on a reserve list as priority over on the day entries. Clubs notified of rejection should make their members aware that they will automatically be on the reserve list. The reserve list for each event applicable will be published. Swimmers on the reserve list must sign in.
11. **There will be no refunds of entry fees unless the entries are rejected by the organisers for any reason. Refunds will be paid after the event where swimmers are on the reserve lists, but still unsuccessful to get a swim in the event.**
12. The meet promoter will check entries against the Swim England British Rankings database. Falsely entered times will be rejected without refund.
13. **This is a signing in Event. Swimmers on reserve lists must sign in.**
14. Spectator admission will be from the start of Warm up.
15. Competitors must report to the marshalling area 15 mins before the start of their event where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from that event.
16. In HDW events, all events will be seeded with fastest swimmers, swimming last.
17. The top three in each age group will receive a medal. A competitor who has been disqualified will not receive an award.
18. On the Day entries will only be accepted, SPACE PERMITTING, at a price of £6.50. All of these entries will be seeded and eligible for an award and must have times slower than the Upper Limit Time (ULT). No Entries will be accepted from swimmers with times faster than the ULT.
19. The promoters reserve the right to refuse admission to any competitor or spectator.
20. The promoters do not accept responsibility for any property. Lockers are available in the changing rooms and should be used for the safe keeping of all belongings. In order to use the locker you will need a £1 coin.





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21. Basildon & Phoenix uses a computer to manage entries and results. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
22. Coaches' passes will not be sold on the day – no pass, no admission poolside. These must be purchased online at the same time as your entries are submitted.
23. Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways, report any issues immediately to a member of the pool staff or to the Open Meet Promoter.
24. Warm up protocol: Strictly no diving during any warm-up sessions, except in the designated sprint lanes, odd lanes will swim clockwise (1, 3, 5, 7) even lanes (2, 4, 6, 8) will swim counter clockwise. Swimmers using sprint lines must swim 15 metres before slowing up. All swimmers must leave the water by the side of the pool and not over the timing pads. Coaches should manage the lanes their swimmers are using during the warm up sessions.
25. BPSC accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer during the meet will be handed to Pool Management for collection by the owner.
26. Anyone attending the gala wishing to use camera, video or digital image-capturing devices (including mobile phones and tablet devices) may do so without the need to register their details with the meet organiser.
27. Participants and spectators are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Child Safeguarding Policy and Procedures, 'Wavepower' 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77).
28. IMAGE CAPTURING DEVICES MUST NOT BE USED ON POOLSIDE OR CHANGING AREA AT ANY TIME FOR THE PURPOSE OF TAKING PHOTOS.
29. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.
30. Spectators, officials and competitors must observe the safety precautions in operation at Basildon Sporting Village and are asked to familiarise themselves with the location of all emergency exits and must abide by any rules laid down by the venue management. Neither the Meet Management, the Promoters nor BPSC will be responsible for any loss or damage occurring during this Meet.
31. Coaches or Team Managers are responsible for the swimmers' conduct at all times.
32. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
33. Results will be available on the Club website as soon as possible after the meet.
34. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws.

ALL CLUB PAYMENTS CAN BE MADE VIA BACS

BPSC / Sort code 20-12-21 / Account No 90547875 / REF GALA NAME 'CLUB NAME'





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Race Schedule

SATURDAY SESSION 1 WARM UP 1.00PM		SUNDAY SESSION 3 WARM UP 1PM	
BOYS 400M FREESTYLE		GIRLS 400M FREESTYLE	
GIRLS 400M IM		BOYS 400M IM	
BOYS 50M BREASTSTROKE		GIRLS 50M BREASTSTROKE	
GIRLS 50M BUTTERFLY		BOYS 50M BUTTERFLY	
BOYS 200M BACKSTROKE		GIRLS 200M BACKSTROKE	
GIRLS 200M BREASTSTROKE		BOYS 200M BREASTSTROKE	
BOYS 100M BUTTERFLY		GIRLS 100M BUTTERFLY	
GIRLS 100M FREESTYLE		BOYS 100M FREESTYLE	
SATURDAY SESSION 2 WARM UP TBC		SUNDAY SESSION 4 WARM UP TBC	
BOYS 200M IM		GIRLS 200M IM	
GIRLS 50M FREESTYLE		BOYS 50M FREESTYLE	
BOYS 50M BACKSTROKE		GIRLS 50M BACKSTROKE	
GIRLS 100M BREASTSTROKE		BOYS 100M BREASTSTROKE	
BOYS 200M FREESTYLE		GIRLS 200M FREESTYLE	
GIRLS 200M BUTTERFLY		BOYS 200M BUTTERFLY	
BOYS 100M BACKSTROKE		GIRLS 100M BACKSTROKE	
GIRLS 100M IM		BOYS 100M IM	

THESE ARE UPPER LIMIT TIMES

ALL TIMES ARE SHORT COURSE OR LONG COURSE CONVERTED

GIRLS						BOYS							
9	10	11	12	13	14+	9	10	11	12	13	14+		
37.8	35.1	34.1	32.0	31.5	30.0	50m	Back	37.8	35.5	33.4	31.5	28.0	25.9
43.8	42.4	39.8	37.5	36.8	35.0	50m	Breast	43.8	41.8	40.0	36.6	34.6	31.4
37.5	34.9	33.9	31.9	31.4	29.3	50m	Fly	37.5	35.0	33.0	31.3	29.5	25.2
32.0	32.0	30.7	29.0	27.8	25.9	50m	Free	32.0	31.0	30.0	29.0	28.0	26.0
1.14.3	1.13.3	1.12.3	1.09.5	1.07.9	1.00.6	100m	Back	1.07.3	1.06.3	1.05.3	1.04.3	1.03.2	1.00.1
1.23.4	1.22.4	1.21.4	1.20.0	1.19.1	1.16.4	100m	Brst	1.20.3	1.19.3	1.17.3	1.15.3	1.14.4	1.10.0
1.15.0	1.14.0	1.13.0	1.12.0	1.10.8	1.07.3	100m	Fly	1.10.2	1.09.2	1.08.2	1.07.2	1.06.3	58.0
1.05.2	1.04.2	1.03.2	1.02.9	1.01.2	1.00.3	100m	free	1.02.5	1.01.5	1.00.5	59.5	58.6	53.9
3.00.5	2.48.2	2.40.8	2.32.0	2.30.9	2.25.3	200m	Back	3.00.0	2.44.0	2.33.0	2.28.0	2.25.0	2.10.1
3.20.5	3.18.8	3.05.9	3.00.5	2.55.4	2.35.7	200m	Breast	3.20.0	3.10.0	3.00.8	2.50.2	2.40.9	2.32.8
3.20.5	3.00.6	2.45.3	2.40.0	2.30.1	2.15.7	200m	Fly	3.20.2	3.00.0	2.40.5	2.30.0	2.20.2	2.05.5
2.40.1	2.30.0	2.20.0	2.15.0	2.12.0	2.08.9	200m	Free	2.30.0	2.20.0	2.15.0	2.10.8	2.05.5	2.00.0
5.30.0	5.15.4	5.00.0	4.54.0	4.45.0	4.30.0	400m	Free	5.30.0	5.15.0	5.00.0	4.40.9	4.34.7	4.15.8
1.25.0	1.20.0	1.15.7	1.14.4	1.13.9	1.05.6	100m	I/M	1.26.5	1.20.1	1.15.3	1.14.5	1.11.2	1.02.2
3.00.4	2:50.0	2.40.8	2.30.9	2.25.7	2.15.2	200m	I/M	3.00.5	2:50.5	2.40.6	2.30.4	2.20.7	2.10.6
6.30.0	6.10.7	5.40.1	5.35.0	5.30.8	5.10.1	400m	I/M	6.50.0	6.00.6	5.40.2	5.30.0	5.10.8	4.40.9





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